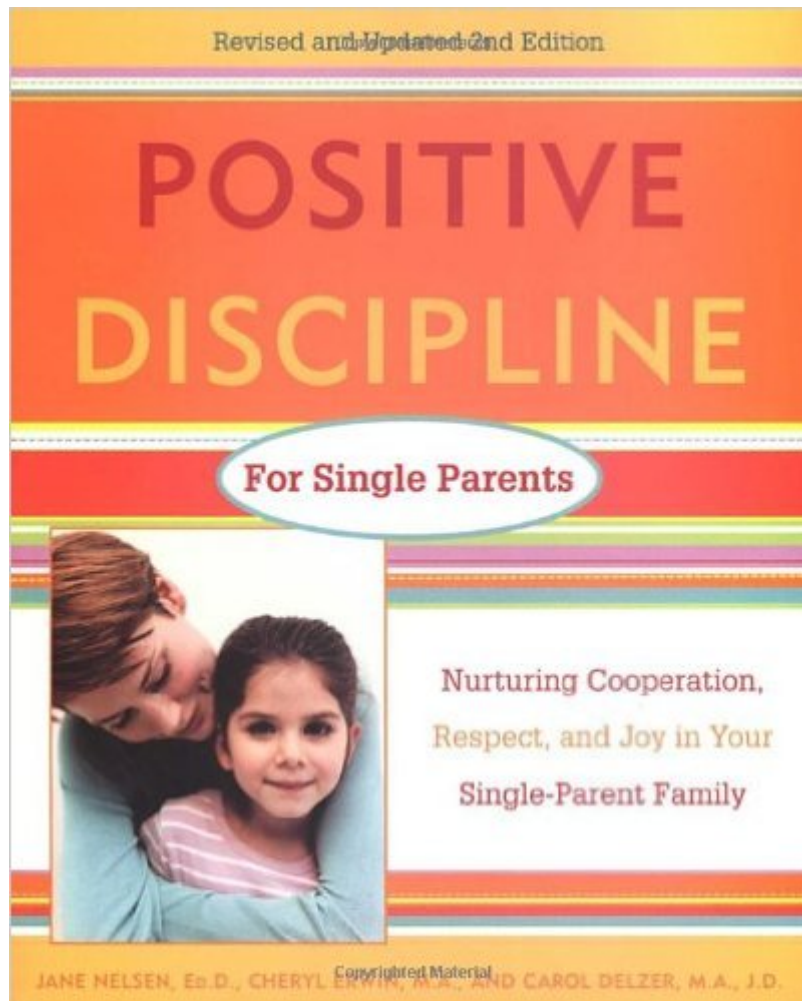


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# Positive Discipline For Single Parents : Nurturing, Cooperation, Respect And Joy In Your Single-Parent Family



## Synopsis

A Positive, Proven Approach to Single Parenting! As a single parent in our complex world, you face the challenge of doing alone a job that was meant for two people. In addition, self-doubt and guilt may dampen the joy you experience raising your child. What do you do? Over the years, millions of parents just like you have come to trust Jane Nelsen's classic POSITIVE DISCIPLINE series for its consistent, commonsense approach to child rearing. In this completely revised and updated edition of Positive Discipline for Single Parents you'll learn how to succeed as a single parent in the most important job of your life: raising a child who is responsible, respectful, and resourceful. Inside this reassuring book, you'll discover how to:

- Identify potential problems and develop skills to prevent them
- Budget time each week for family activities
- Create a respectful coparenting relationship with your former spouse
- Use nonpunitive methods to help your children make wise decisions about their behavior
- And much, much more!

"Provides very important information for single parents, especially in today's violent society. Used as a resource, it can help parents deal with discipline issues in a positive way and in turn help their children become responsible citizens."

"Judy Foy, international vice president, Community Relations, Parents Without Partners"

"Another great resource for both single parents and therapists . . . practical and enjoyable to read. A must for your parenting library."

"Stephen Sprinkel, marriage and family therapist"

## Book Information

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Best Sellers Rank: #775,340 in Books (See Top 100 in Books) #123 in [Books > Parenting & Relationships > Parenting > Single Parents](#) #85530 in [Books > Health, Fitness & Dieting](#)

## Customer Reviews

I purchased the book to assist my daughter in raising my grandson and to better acclimate us all to our precious new family member. I found the book very enlightening and straight to the point of the

tools needed for a single parent and to hopefully adjust to yet a even more fruitful life. It equipped our family with essential info to help raise a strong child but also it helped us in strengthening our daughter and our resolve to make it as workable as possible, especially with the statistics stating otherwise. I know my grandson and our family will be the greatest recipients.

I borrowed this book from the library and loved it so much that I decided I needed to make it a part of my own library at home. So many times as single parents we are stressed beyond belief by the world that we forget that it is just as hard on the children as well as ourselves. This book helps single parents to think through some of the traps of parenting that we fall into. It has had many wonderful effects on my four year old son. It takes some time to get out of the normal sequence, but once you do you will see that it really makes a difference.

I liked the book, but I was disappointed to find out that it was written mostly for divorced people. It should be mentioned in the title or sub-title.

This book is weak on real ideas. Parenting is parenting and nothing in this book should be new information to any single parent or any parent. A better book is, How to Behave So your Children Will, Too! By Sal Severe. Just read the chapter on divorce with a grain of salt. It is short anyway.

Like many of us, I didn't exactly plan to become a single mom. When my husband left me I suddenly realized that if my kids were going to turn out well, it was all up to me (and thankfully, God). "Positive Discipline" takes some basic and effective ideas about raising children and applies them to the world of a post-divorce single parent: just like me. Here are proven and powerful tips about how to change your children's behavior (like Leman's 'New Kid' book) without getting red in the face. I wish I'd known these tips when life caught me by surprise. Helpful hints for all single moms, especially divorced ones. Barbara Sheldon, M.S.W. I also highly recommend: Raising Great Kids on Your Own: A Guide and Companion for Every Single Parent

I found this book 90% unhelpful and disappointing. After reading so many good reviews I was eager to jump into it, however I was 2/3 of the way through the book before the actual topic of discipline was even raised and at that it was all about what you need to do before the problems start in order to head them off. Not helpful when you already have a discipline issue and you are obviously buying a book that claims to give you "positive" options. I lost interest but tried to finish it anyway, but my

heart wasn't in it. I think I may have gleaned one or two suggestions that I could try before I just put the book down and couldn't find the will to pick it up again. Wordy without saying much that I could take away with me.

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